





























February 18, 2021

The Honorable Nancy Skinner Chair, Senate Budget and Fiscal Review State Capitol, Room 5019 Sacramento, CA 95814

The Honorable Susan Talamantes Eggman Chair, Senate Budget Subcommittee No. 3

Honorable Members Senate Budget Subcommittee No. 3 The Honorable Phil Ting Chair, Assembly Budget Committee State Capitol, Room 6026 Sacramento, CA 95814

The Honorable Dr. Joaquin Arambula Chair, Assembly Budget Subcommittee No. 1

Honorable Members Assembly Budget Subcommittee No. 1

Subject: Governor Newsom's Proposed January Behavioral Health Budget Proposal for \$750 million for the Community Continuum of Behavioral Health Treatment Resources – SUPPORT

Dear Chair Skinner, Chair Ting, Chair Eggman, and Chair Arambula:

On behalf of the undersigned organizations, we write in support of the Governor's January Budget proposal to allocate \$750 million in one-time General Fund (GF) to counties over three years for the acquisition and rehabilitation of real estate assets to expand the community continuum of behavioral health treatment resources.

County behavioral health, in collaboration with contracted community-based organizations, are responsible for the delivery of Medi-Cal substance use disorder (SUD) services, Medi-Cal specialty mental health services for adults with serious mental illness (SMI), and children who meet criteria for medically necessary services. Financing restrictions on the primary sources of funding for the county behavioral health safety net have limited the ability of county behavioral health agencies to invest in building out the full continuum of community-based treatment services across California.

Investment in our community behavioral health continuum of services is essential to ensuring the needs of low-income Medi-Cal beneficiaries with SMI and SUD, and children with serious emotional disturbance are met—particularly post-pandemic. A new report published by Kaiser Family Foundation in February 2021 found that nationally:

- There has been a four-fold increase on the number of individuals reporting symptoms of anxiety and depressive disorders—now above 40% of American adults;
- Young people were twice as likely to report new or increased substance use and suicidal thoughts—now above a quarter of American youth;
- California has seen a steady and alarming increase in children's inpatient visits for suicide, suicidal ideation, and self-injury—with a 151% increase for children ages 10-14.
- Adults in households with job loss or lower incomes report nearly double the rate of symptoms
 of mental illness; and
- Essential workers and communities of color have been disproportionately impacted and report higher rates of anxiety and depressive disorder symptoms.

These statistics support reports that since the beginning of the COVID-19 pandemic, there has been an increase in acute psychiatric episodes and an alarming epidemic of opioid related overdoses in California. Specifically, there has been a surge in overdose related deaths driven by fentanyl throughout the state—in some parts of the state outpacing deaths from COVID-19.

This investment could not come at a more critical time to invest in facilities to build out the public behavioral health safety net as COVID-19 has exacerbated and exemplified the need for a robust behavioral health system. The Governor's proposal to invest \$750 million GF in the community behavioral health continuum will provide the public behavioral health safety net with long overdue opportunities to invest in the types of community-based services that are necessary to prevent the avoidable homelessness, incarceration, hospitalization, and forced treatment of individuals with significant behavioral health needs.

It is for all these reasons that we respectfully request your support for the Governor's proposed \$750 million GF investment in the community behavioral health continuum.

Sincerely,

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Michelle Dog Calon

County Behavioral Health Directors Association

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Cc:

Keely Martin Bosler, Finance Director, California Department of Finance (DoF)

Ana J. Matosantos, Cabinet Secretary, Office of Governor Gavin Newsom

Dr. Mark Ghaly, Secretary, California Health and Human Services Agency (CHHS)

Michelle Baass, Undersecretary, CHHS

Stephanie Welch, Deputy Secretary, CHHS

William Lightbourne, Director, Department of Health Care Services (DHCS)

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